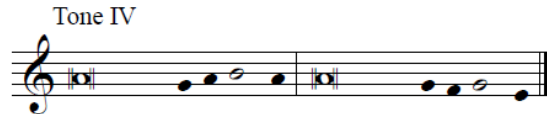


Psalms for Ember Day in Advent



Psalm 24



Antiphon:

O you who bring good tidings of peace to Jerusalem,
lift up your voice with strength!

Say to the cities of Judah and to the inhabitants
of Jerusalem: See our God is coming, the One
whom we a-wait-ed.

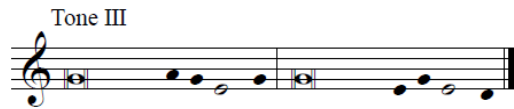
Go up onto a high mountain, you who are bringing the
good news to Zi-on.

Lift up your voice with strength.

- 1 The earth is the Lord's, and all its full-ness,
The world and those who dwell there-in.
 - 2 For He has founded it up-on the seas,
And established it up-on the wa-ters.
 - 3 Who may ascend into the hill of the Lord?
Or who may stand in His holy place?
 - 4 He who has clean hands and a pure heart,
Who has not lifted up his soul to an idol, Nor
sworn de-ceitful-ly.
 - 5 He shall receive bless-ing from the Lord,
And righteousness from the God of his sal-va-tion.
 - 6 This is Jacob, the generation of those who seek Him,
Who seek Your face.
 - 7 Lift up your heads, O you gates!
And be lifted up, you everlasting doors! And the King of
glo-ry shall come in.
 - 8 Who is this King of glo-ry?
The Lord strong and mighty, The Lord might-y in bat-tle.
 - 9 Lift up your heads, O you gates!
Lift up, you everlasting doors! And the King of glo-ry shall come
in.
 - 10 Who is this King of glo-ry?
The Lord of hosts, He is the King of glo-ry.
- Glory be to the Fa-ther and to the Son,**
And to the Ho-ly Spir-it.
As it was in the be-gin-ning,
Is now, and will be for-ev-er. A-men.

Antiphon Repeated

Psalm 50



Antiphon:

There shall come a star out of Ja-cob;
a Man shall rise out of Isra-el
He shall smite all the princes of the Gen-tiles,
and all the earth shall be His pos-ses-sion.
All kings shall fall down be-fore Him,
All na-tions shall serve Him.

1 The Mighty One, God the Lord, Has spo-ken and called the earth
From the rising of the sun to its going down.

2 Out of Zion, the perfection of beauty, God will shine forth.

3 Our God shall come, and shall not keep si-lent;

A fire shall de-your be-fore Him,

And it shall be very tempestuous all a-round Him.

4 He shall call to the heav-ens from a-bove,

And to the earth, that He may judge His peo-ple:

5 “Gather My saints to-geth-er to Me,

Those who have made a covenant with Me by sacri-fice.”

6 Let the heavens de-clare His righteous-ness,

For God Him-self is Judge.

7 “Hear, O My people, and I will speak, O Israel, and I will testi-fy a-
gainst you;

I am God, your God!

8 I will not rebuke you for your sacrifices Or your burnt off’r-ings,

Which are continual-ly be-fore Me.

9 I will not take a bull from your house,

Nor goats out of your folds.

10 For every beast of the for-est is Mine,

And the cattle on a thousand hills.

11 I know all the birds of the moun-tains,

And the wild beasts of the field are Mine.

12 “If I were hungry, I would not tell you;

For the world is Mine, and all its full-ness.

13 Will I eat the flesh of bulls,

Or drink the blood of goats?

14 Offer to God thanks-giv-ing,

And pay your vows to the Most High.

15 Call upon Me in the day of trou-ble;

I will deliver you, and you shall glo-ri-fy Me.”

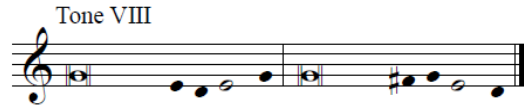
Glory be to the Fa-ther and to the Son,

And to the Ho-ly Spir-it.

As it was in the be-gin-ning,

Is now, and will be for-ev-er. A-men. *Antiphon Repeated*

Psalm 19



Antiphon:

Rain down, you heavens, from above,
and let the clouds rain down the Right-eous One;

Let the earth be opened, and bring forth the Sa-vi-or.

Behold the maid-ser-vant of the Lord!

Let it be to me ac-cord-ing to your word.

1 The heavens declare the glo-ry of God;
And the firmament shows His handi-work.

2 Day unto day ut-ters speech,
And night unto night re-veals know-ledge.

3 There is no speech nor lan-guage
Where their voice is not heard.

4 Their line has gone out through all the earth,
And their words to the end of the world.

In them He has set a tabernacle for the sun, ⁵Which is like a bridegroom
coming out of his cham-ber,
And rejoices like a strong man to run its race.

6 Its rising is from one end of heaven, And its circuit to the other end;
And there is nothing hid-den from its heat.

7 The law of the Lord is perfect, con-vert-ing the soul;
The testimony of the Lord is sure, making wise the sim-ple;

8 The statutes of the Lord are right, re-joic-ing the heart;
The commandment of the Lord is pure, en-light-en-ing the eyes;

9 The fear of the Lord is clean, endur-ing for-ev-er;
The judgments of the Lord are true and righteous al-to-geth-er.

10 More to be desired are they than gold, Yea, than much fine gold;
Sweeter also than honey and the honey-comb.

11 Moreover by them Your ser-vant is warned.
And in keeping them there is great re-ward.

12 Who can under-stand his er-rors?
Cleanse me from secret faults.

13 Keep back Your servant also from pre-sumptuous sins;
Let them not have do-min-ion over me.

Then I shall be blame-less,
And I shall be innocent of great trans-gres-sion.

14 Let the words of my mouth and the meditation of my heart be
accep-ta-ble in Your sight,

O Lord, my strength and my Re-deem-er.

Glory be to the Fa-ther and to the Son,
And to the Ho-ly Spir-it.

As it was in the be-gin-ning,

Is now, and will be for-ev-er. A-men. *Antiphon Repeated*