

v.24 What a wretched man I am!

Who will rescue me from this body
of death?

v.25 Thanks be to God - through Jesus Christ
our Lord!

So then I myself in my mind

am a slave to God's law,

but in the sinful nature a slave
to the law of sin.

Romans 8

v.3 For what the law was powerless to do, in
that it was weakened by the sinful nature,
God did by sending His Son...

v.9 You, however, are not controlled by
the sinful nature,
but by the Spirit, if the Spirit of God
lives in you...

v.10 But if Christ is in you,
your body is dead because of sin,
yet your Spirit is alive, because of righteousness

v.13 For if you live according to the sinful nature
you will die;

but if by the Spirit you put to death
the misdeeds of the body, you will live.

Be drowned and die

Put to death

Rom 8:13 put to death misdeeds of the body

Col 5:24 ... have crucified the sinful nature
with its passions and desires

Col 3:5 Put to death, therefore whatever
belongs to your earthly nature:...

Ephesians 4:17

So I tell you this, and insist on it in the
Lord, that you must no longer live as the Gentiles
do, in the futility of their thinking.

18 They are darkened in their understanding...

19 Having lost all sensitivity, they ^{have} given
themselves over... (to sin)

20

You, however, did not come to know Christ the way. ²¹ Surely you heard of him and were tought in Him in accordance with the truth that is in Jesus.

WORD < Lew — Shows our sin, old man
 Gospel — Forgiveness in Jesus, new life in Jesus

You were taught...

- with regard to your former way of life,

to put off your old self

which is being corrupted by its deceitful desires.

- to be made new in the attitude of your minds

and to put on the new self.

created to be like God in true righteousness and purity forever.

Daily

① Contrition - sorrow over sins

1 Jn 1:8-10 confess our sins

Eph 4:22 put off your old self

Mt 6:12 Forgive us our trespasses

James 5:16 Confess your sins to each other

② Repentance - (sorrow over sins) + Faith in Gospel

1 Jn 1:8-10 He is faithful and will forgive

Eph 4:24 Put on the new self

Jn 20:23 If you forgive anyone his sins,
they are forgiven.

New Life (Good Works follow repentance)

2 Cor 5:17 Therefore if anyone is in Christ, he is a new creation;
the old has gone, the new has come!

"All this is from God, who reconciled us
to himself in Christ and gave us the
ministry of reconciliation.

Two Kinds of sin

Original Sin

Psalm 51:5 I was sinful at birth, sinful from the time my mother conceived me.

Galatians 5:19 the acts of the sinful nature are obvious...

Eph 2:3 Like the rest, we were by nature, objects of wrath.

Actual Sin

Mt 15:19 Out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false testimony, slander.

James 1:15 After desire has conceived it gives birth to sin