

Deuteronomy 6:4-7

⁴“Hear, O Israel: The LORD our God, the LORD is one! ⁵You shall love the LORD your God with all your heart, with all your soul, and with all your strength. ⁶And these words which I command you today shall be in your heart. ⁷You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up.”

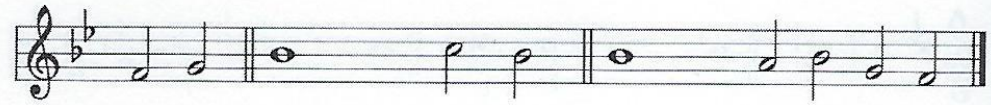
Galatians 5:25—6:10

²⁵If we live in the Spirit, let us also walk in the Spirit. ²⁶Let us not become conceited, provoking one another, envying one another. ^{6:1}Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. ²Bear one another’s burdens, and so fulfill the law of Christ. ³For if anyone thinks himself to be something, when he is nothing, he deceives himself. ⁴But let each one examine his own work, and then he will have rejoicing in himself alone, and not in another. ⁵For each one shall bear his own load. ⁶Let him who is taught the word share in all good things with him who teaches. ⁷Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. ⁸For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life. ⁹And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. ¹⁰Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith.

St. Matthew 6:24-34

²⁴“No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon. ²⁵Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? ²⁶Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? ²⁷Which of you by worrying can add one cubit to his stature? ²⁸So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; ²⁹and yet I say to you that even Solomon in all his glory was not arrayed like one of these. ³⁰Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith? ³¹Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³²For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. ³³But seek first the kingdom of God and His righteousness, and all these things shall be added to you. ³⁴Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.”

Communion Psalm: *Ant.* Seek first of all the kingdom of God, and all these things shall be added unto you, says the Lord. (Mt 6:33). **Psalm 78:1-4, 24-28.**

**Introit.**

Ant. BOW DOWN || Thine ear, O LORD, | hear | me:

O Thou, my God, save Thy servant that | trust- | eth | in | Thee.

|| Be merciful to me, O | LORD | - :

for I cry un- | to | Thee | dai- | ly.

Psalm. || Rejoice the soul of Thy | serv- | ant:

for unto Thee, O LORD, do I | lift | up | my | soul.

GLO-RY || be to the Father and to the | Son | - :

and to | the | Ho- | ly | Ghost.

AS IT || was in the beginning; is now, and ever | shall | be:

world with- | out | end. | A- | men. (*Ant. Repeated.*)

Collect.

O Lord, we beseech Thee, let Thy continual pity cleanse and defend Thy Church; and because it cannot continue in safety without Thy succor, preserve it evermore by Thy help and goodness; through Jesus Christ, Thy Son, our Lord, Who liveth and reigneth with Thee and the Holy Ghost, ever One God, world without end. *Amen.*

Epistle. Galatians 5:25—6:10

Gospel. Matthew 6:24—34

Additional reading: Deuteronomy 6:4—7

Gradual.

|| It is a good thing to give thanks unto | the | Lord:

and to sing praises unto Thy | Name, | O | Most | High.

|| To show forth Thy lovingkindness in the | morn- | ing:

and Thy faithful- | ness | eve- | ry | night.

|| Hallelujah. Hallelujah. O God, my heart | is | fixed:

I will sing and give praise, ever with my glory. | Hal- | le- | lu- | jah.

15th Sunday after Trinity

53. Why Art Thou Thus Cast Down, My Heart?

Tr. C. Winkworth

Composer

1. Why art thou thus cast down, my heart?
 2. Dost think thy prayers He doth not heed?
 3. Since Thou my God and Fa - ther art,

Why trou - bled, why dost mourn a - part,
 He knows full well what thou dost need,
 I know Thy faith - ful lov - ing heart

O'er nought but earth - ly wealth?
 And heav'n and earth are His;
 Will ne'er for - get Thy child;

Trust in thy God, be not a - fraid;
 My Fa - ther and my God, who still
 See I am poor, I am but dust,

He is thy Friend who all things made.
 Is with my soul in ev - 'ry ill.
 On earth is none who I can trust, A-men.

4. The rich man in his wealth confides,
 But in my God my trust abides;
 Then laugh ye as ye will,
 I hold this fast that He hath taught,—
 Who trusts in God shall want for nought.

7. All wealth, all glories, here below,
 The best that this world can bestow,
 Silver or gold or lands,
 But for a little time is giv'n,
 And helps us not to enter heav'n.

5. Yes, Lord, Thou art as rich today
 As Thou hast been and shalt be aye,
 I rest on Thee alone;
 Thy riches to my soul be giv'n,
 And 'tis enough for earth and heav'n.

8. I thank Thee, Christ, Eternal Lord,
 That Thou hast taught me
 by Thy Word
 To know this truth and Thee;
 O grant me also steadfastness
 Thy heav'nly kingdom not to miss.

6. What here may shine I all resign,
 If the eternal crown be mine,
 That through Thy bitter death
 Thou gainèst, O Lord Christ, for me—
 For this, for this, I cry to Thee!

9. Praise, honour, thanks,
 to Thee be brought,
 For all things in and for me wrought
 By Thy great mercy, Christ.
 This one thing only still I pray,
 Oh cast me ne'er from Thee away.