

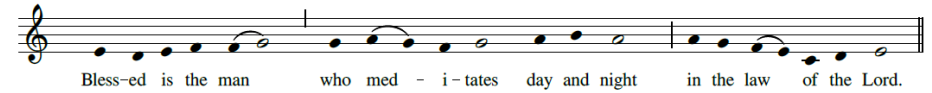
Psalm 16



- 1 Pre-serve me, O God,
for in You I put my trust.
 - 2 O my soul, you have said to the Lord,
“You are my Lord, My goodness is noth-ing a-part from You.”
 - 3 As for the saints who are on the earth,
“They are the excellent ones, in whom is all my de-light.”
 - 4 Their sorrows shall be multiplied who hasten af-ter an-other god;
Their drink offerings of blood I will not offer, Nor take up their
names on my lips.
 - 5 O Lord, You are the portion of my in-her-it-ance and my cup;
You main-tain my lot.
 - 6 The lines have fallen to me in pleas-ant plac-es;
Yes, I have a good in-herit-ance.
 - 7 I will bless the Lord who has giv-en me coun-sel;
My heart also instructs me in the night sea-sons.
 - 8 I have set the Lord al-ways be-fore me;
Because He is at my right hand I shall not be moved.
 - 9 Therefore my heart is glad, and my glo-ry re-joic-es;
My flesh al-so will rest in hope.
 - 10 For You will not leave my soul in She-ol,
Nor will You allow Your Holy One to see cor-rup-tion.
 - 11 You will show me the path of life;
In Your presence is fullness of joy; At Your right hand are
pleas-ures for-ever-more.
- Glory be to the Fa-ther and to the Son,
And to the Ho-ly Spir-it.
As it was in the be-gin-ning,
Is now, and will be for-ev-er. A-men. *Repeat antiphon*

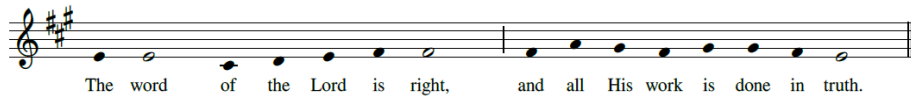
Psalms for Ember Days in September

Psalm 1



- 1 Blessed is the man Who walks not in the counsel of the
ungodly, Nor stands in the path of sin-ners,
Nor sits in the seat of the scorn-ful;
 - 2 But his delight is in the law of the Lord,
And in His law he med-i-tates day and night.
 - 3 He shall be like a tree planted by the riv-ers of wa-ter,
That brings forth its fruit in its season, Whose leaf
also shall not wither; And whatever he does shall
pros-per.
 - 4 The un-god-ly are not so,
But are like the chaff which the wind drives a-way.
 - 5 Therefore the ungodly shall not stand in the judg-ment,
Nor sinners in the congregation of the right-eous.
 - 6 For the Lord knows the way of the right-eous,
But the way of the ungod-ly shall per-ish.
- Glory be to the Fa-ther and to the Son,
And to the Ho-ly Spir-it.
As it was in the be-gin-ning,
Is now, and will be for-ev-er. A-men.
Repeat antiphon

Psalm 33



- 1 Rejoice in the Lord, O you right-eous!
For praise from the up-right is beauti-ful.
- 2 Praise the Lord with the harp;
Make melody to Him with an instru-ment of ten strings.
- 3 Sing to Him a new song;
Play skillfully with a shout of joy.
- 4 For the word of the Lord is right,
And all His work is done in truth.
- 5 He loves righteous-ness and jus-tice;
The earth is full of the good-ness of the Lord.
- 6 By the word of the Lord the heav-ens were made,
And all the host of them by the breath of His mouth.
- 7 He gathers the waters of the sea to-gether as a heap;
He lays up the deep in storehous-es.
- 8 Let all the earth fear the Lord;
Let all the inhabitants of the world stand in awe of Him.
- 9 For He spoke, and it was done;
He commanded, and it stood fast.
- 10 The Lord brings the counsel of the na-tions to noth-ing;
He makes the plans of the peo-ples of no ef-fect.
- 11 The counsel of the Lord stands for-ev-er,
The plans of His heart to all gen-er-a-tions.

- 12 Blessed is the nation whose God is the Lord,
The people He has chosen as His own in-herit-ance.
 - 13 The Lord looks from heav-en;
He sees all the sons of men.
 - 14 From the place of His dwell-ing He looks
On all the inhabi-tants of the earth;
 - 15 He fashions their hearts in-di-vidual-ly;
He con-sid-ers all their works.
 - 16 No king is saved by the multitude of an ar-my;
A mighty man is not de-liv-ered by great strength.
 - 17 A horse is a vain hope for safe-ty;
Neither shall it deliver any by its great strength.
 - 18 Behold, the eye of the Lord is on those who fear Him,
On those who hope in His mer-cy,
 - 19 To deliver their soul from death,
And to keep them a-live in fam-ine.
 - 20 Our soul waits for the Lord;
He is our help and our shield.
 - 21 For our heart shall re-joice in Him,
Because we have trusted in His holy name.
 - 22 Let Your mercy, O Lord, be up-on us,
Just as we hope in You.
- Glory be to the Fa-ther and to the Son,
And to the Ho-ly Spir-it.
As it was in the be-gin-ning,
Is now, and will be for-ev-er. A-men.**

Repeat antiphon