

73 What is the sacrament of the altar?

It is the true body and blood of our Lord Jesus Christ under the bread and wine, instituted by Christ Himself for us Christians to eat and to drink.

Where is this written?

The holy Evangelists Matthew, Mark, Luke and St. Paul write:

Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take eat; this is My body, which is given for you. This do in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying. "Drink of it, all of you; this cup is the new testament in My Blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."



## Matthew 26

cp. v. 29

<sup>26</sup>Now as they were eating, Jesus took bread, and blessed, and broke it, and gave it to the disciples and said, "Take, eat; this is my body."

<sup>27</sup>And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you;

<sup>28</sup>for this is my blood of the <sup>c</sup>covenant, which is poured out for many for the forgiveness of sins.

<sup>29</sup>I tell you I shall not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom."

(no. 315 26.30-35 p. 288)

## Mark 14

cp. v. 25

<sup>22</sup>And as they were eating, he took bread, and blessed, and broke it, and gave it to them, and said, "Take; this is my body."

<sup>23</sup>And he took a cup, and when he had given thanks he gave it to them, and they all drank of it. <sup>24</sup>And he said to them, "This is my blood of the <sup>c</sup>covenant, which is poured out for many.

<sup>25</sup>Truly, I say to you, I shall not drink again of the fruit of the vine until that day when I drink it new in the kingdom of God."

(no. 315 14.26-31 p. 288)

have earnestly desired to eat this passover with you before I suffer; <sup>16</sup>for I tell you I shall not eat it<sup>h</sup> until it is fulfilled in the kingdom of God." <sup>17</sup>And he took a cup, and when he had given thanks he said, "Take this, and divide it among yourselves; <sup>18</sup>for I tell you that from now on I shall not drink of the fruit of the vine until the kingdom of God comes."

<sup>19</sup>And he took bread, and when he had given thanks he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." <sup>20</sup>And likewise the cup after supper, saying, "This cup which is poured out for you is the new covenant in my blood."

cp.  
v. 18

blood has eternal life, and I will raise him up at the last day. <sup>55</sup>For my flesh is food indeed, and my blood is drink indeed. <sup>56</sup>He who eats my flesh and drinks my blood abides in me, and I in him. <sup>57</sup>As the living Father sent me, and I live because of the Father, so he who eats me will live because of me. <sup>58</sup>This is the bread which came down from heaven, not such as the fathers ate and died; he who eats this bread will live for ever."

down from heaven; if any one eats of this bread, he will live for ever; and the bread which I shall give for the life of the world is my flesh." <sup>52</sup>The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" <sup>53</sup>So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; <sup>54</sup>he who eats my flesh and drinks my

1 Cor. 11.23-25 **St. Paul**

<sup>23</sup>For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, <sup>24</sup>and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me." <sup>25</sup>In the same way also the cup, after supper, saying,

"This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me."

Matt.: 26 blessed it A | and he gave R || 27 the cup A | cup, and gave thanks A R | it] - R | Drink ye all of it A R || 28 covenant] new testament A | poured out] shed A R<sup>1</sup> | forgiveness] remission A R || 29 tell] say A R | again] henceforth A R

Mark: 22 he] Jesus A | and when he had blessed, he R | gave to A R | Take, eat A || 23 the cup A | gave to R || 24 covenant] new testament A | poured out] shed A R<sup>1</sup> || 25 Truly] Verily A R | drink no more A (~ R)

Luke: 15 With desire I have desired to A R || 16 tell] say A R | not any more eat thereof A | it be A R || 17 took] received R | the cup A | and gave thanks and said A || 18 tell] say A R | from now on] - A | from henceforth R | shall come A R || 19 and gave thanks and brake it A | it<sup>2</sup>] - A R | which is given for you. Do this in remembrance of me] - T<sup>1</sup> || 20 Likewise also the cup A | And the cup is like mine A | I have desired to eat this passover with you before I suffer A | I tell you I shall not eat it until it is fulfilled in the kingdom of God A | And he took a cup, and when he had given thanks he said, Take this, and divide it among yourselves A | for I tell you that from now on I shall not drink of the fruit of the vine until the kingdom of God comes A |



## Names

1 Cor 11:20 When you come together, it is not the Lord's Supper you eat.

1 Cor 10:21b You cannot have a part in both the Lord's table and the table of demons.

Acts 2:42 They devoted themselves to the apostles' teaching, to the fellowship, to the breaking of bread and to prayer. (Act 20:7)

1 Cor 10:16 The cup of blessing which we <sup>give thanks</sup> ~~break~~, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?

1 Cor 10:21a You cannot drink the cup of the Lord, and the cup of demons...

Mt 26:28 This is My blood of the New Testament  
 Mk 14:24, 1 Cor 11:25



1 Cor 4:1 So then men ought to regard us as servants of Christ and as those entrusted with the secret things of God.

Greek — μυστήρια

"mysteries"

Latin — sacramentum

"sacraments"

Eph 5:32 (Speaking of <sup>the groom</sup> Christ and his one flesh union with his bride the church)

"This is a profound mystery — but I am talking about Christ and the church"

1 Tim 3:16 Beyond all question, the mystery of godliness is great:

He appeared in a body, was vindicated by the Spirit

was seen by angels, was preached among the nations,

was believed on in the world, was taken up in glory



# Elements

took bread...  
ἄρτον

"Take, eat; this is My body..."  
τοῦτό ἐστιν τὸ σῶμά μου.

took the cup...  
ποτήριον

"This is My blood of the covenant"  
τοῦτο γάρ ἐστιν τὸ αἷμά μου τῆς διαθήκης

- ① Bread — unleavened bread from the Passover
- ② Cup — contained wine from the Passover
  - a) "fruit of the vine" — Mt 26:29
  - b) time of year — passover
  - c) 1 Cor 11:21 "...another gets drunk"



- ③ Body - Jesus own true natural body  
 ④ Blood - Jesus own true natural blood  
 A word of institution say it "is"  
 not symbolizes, represents, etc.

B) 1 Cor 10:16 Is not the cup of  
 thanksgiving for which we give thanks  
 a participation in the blood of Christ?  
 Κοινωνία = communion

And is not the bread that we break  
 a participation in the body of Christ?  
 Κοινωνία = communion

C) 1 Cor 11:27, 29 Whoever eats the  
 bread or drinks the cup of the Lord in  
 an unworthy manner will be guilty of  
 sinning against the body and blood of the Lord...  
 For anyone who eats and drinks without  
recognizing the body of the Lord eats and  
 drinks judgment on himself.



What do we receive?

**Mt 26:28** This is My Blood of the covenant, which is poured out for many for the forgiveness of sins.

**1 Peter 1:18-19** You know that it was not with perishable things such as silver and gold that you were redeemed from the empty way of life handed down to you by your <sup>fore</sup> fathers, but with the precious blood of Christ, a lamb without blemish or defect.

**Col 1:22** He has reconciled you by Christ's physical body through death to present you holy in His sight, without blemish and free from accusation.

**1 Jn 1:7** The blood of Jesus purifies us from all sin.



79. What do we do with it?

A. Eat, drink "Take eat..."

"Drink of it, all of you..."

B. Trust in the words

"This do in remembrance of Me."

Remembrance is to "consider the words"

This do in remembrance is "to act on the words"

Thus Jesus wants us to consider those words "which He gives us His Body & Blood

and believing them; confess our sins

and receive it for the forgiveness of sins.

C. Proclaim His death (is for me by taking)

1 Co. 11:26 "Whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes."



What is the benefit of this eating and drinking?

These words, "Given and shed for you for the forgiveness of sins," show us that in the Sacrament forgiveness of sins, life, and salvation are given us through these words. For where there is forgiveness of sins, there is also life and salvation.

How can bodily eating and drinking do such great things?

Certainly not just eating and drinking do these things, but the words written here: "Given and shed for you for the forgiveness of sins." These words, along with the bodily eating and drinking, are the main thing in the Sacrament. Whoever believes these words has exactly what they say: "forgiveness of sins."



With "forgiveness", we receive life and salvation.  
When we receive Christ's Body and Blood, we receive Jesus and all benefits.

Rom 8:31-32 If God is for us, who can be against us? He who did not spare His own Son, but gave Him up for us all-- how will He not also, along with Him, graciously give us all things?

Rom 8:10 If Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness.

1 Peter 2:24 He Himself bore our sins in His body on the tree, so that we might die to sins and live for righteousness; by His wounds you have been healed.



81 All who partake receive Christ's Body and Blood, but not all receive "forgiveness."

1 Cor 10:3-5 They all ate the same spiritual food and drank the same spiritual drink; for they drank from the spiritual rock that accompanied them, and that rock was Christ. Nevertheless, God was not pleased with most of them; their bodies were scattered over the desert.

Ex 16 <sup>Manna</sup>  
Ex 17 <sup>Rock</sup>  
Num 20 <sup>21</sup>

Psalms 95 - especially v. 7b - 11

1 Cor 11:27-29 Whoever eats this bread or drinks this cup in an unworthy manner will be guilty of sinning against the body and blood of the Lord. A man ought to examine himself before he eats of the bread and drinks of the cup.

For anyone who eats and drinks without recognizing the body of the Lord eats and drinks judgment on himself.



Who receives this sacrament worthily?

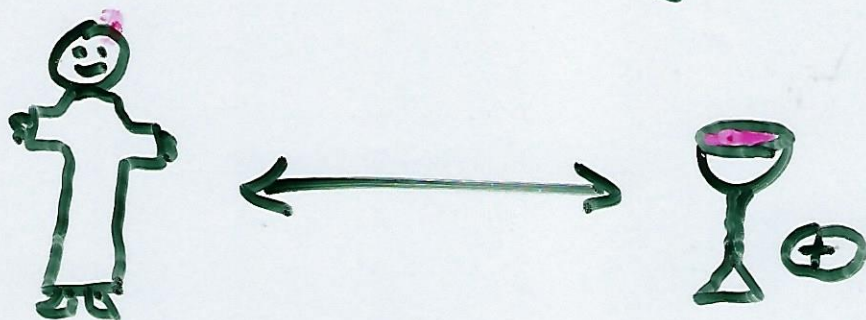
Fasting and bodily preparation are certainly fine outward training. But that person is truly worthy and well prepared who has faith in these words: "Given and shed for you for the forgiveness of sins."

But anyone who does not believe these words or doubts them is unworthy and unprepared, for the words "for you" require all hearts to believe.



1 Cor 11:27-29

unworthy = does not mean making yourself  
good enough.  
= fitting (together)



examine himself

For sin: Rom 7:14-20

nothing good lives in me

For Faith in Christ: 2 Cor 13:5

...whether you are in the  
faith

Mark 9:24 I do believe  
help me overcome my  
unbelief.

recognizing the body

True body and blood 1 Cor 10:16

For Forgiveness of sin

Do this in Remembrance.

Faith in ↘

Help, Medicine: John 6:37

Whoever comes to Me I will  
never drive away

... judgment on himself

1 Cor 11:27-29, 30-32

Judge ourselves ... then NOT judged  
NOT judge ourselves ... the Judged



Non-Christians?

1 Cor 10:20-21 The sacrifices of pagans are offered to demons, not to God, and I do not want you to be participants with demons. You cannot drink the cup of the Lord and the cup of demons, too; you cannot have a part in both the Lord's table and the table of demons.

Claim Christian, but live unrepentant lives?

1 Cor 5:11,13 You must not associate with anyone who calls himself a brother, but is sexually immoral or greedy, an idolater or a slanderer, a drunkard or a swindler. With such a man do not even eat.... God will judge those outside, "Expel the wicked man from among you."



Claim Christian, but teach falsely

2 John 10-11 If anyone comes to you and does not bring this doctrine, do not receive him into your house nor greet him; for he who greets him shares in his evil deeds.

1 Tim 6:3-6, 11 If anyone teaches otherwise and does not consent to wholesome words, even the words of our Lord Jesus Christ, and to the doctrine ~~that accords~~ which accords with godliness .... From such withdraw yourself.

Full agreement in teaching and practice

1 Cor 1:10 Now I plead with you, brethren, by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you, but that you be perfectly joined together in the same mind and in the same judgment."