

Welcome to Trinity

#20 Part 1 Concerning the Practice of True Godliness, Introduction.

The holy apostle Paul prescribed this kind of rule for his disciple Timothy and others in 1 Tim. 4:8: Train yourself in godliness; for the exercise of the body is of little use, but godliness is good for everything; and it contains the promise for this and the future life. The first part is a seria ad pietatis studium exhortatio (a serious exhortation to strive for godliness), a sincere, faithful admonition that Bishop Timothy and all true Christians should train themselves in godliness. The second part is an exhortationis illius pondus ac ratio, a very important reason for Timothy and all Christians to be motivated to train themselves in godliness. The first part consists of these words: Train yourself in godliness. In order that we properly understand this apostolic principle, we need to take note of two things: First, what is meant by godliness. Secondly, what it entails for one to train himself in godliness. (Schola Pietatus-Volume 1 by Johann Gerhard, Repristination Press, p. 9)

Ash Wednesday

Ash Wednesday is the beginning of the 40-day season of Lent. The name comes from the custom of sprinkling blessed ashes on the heads of penitents. Don't worry; I'm not going to put ashes on your heads. Here at Trinity Lutheran, the service begins with the Service of Corporate Confession and Absolution (Augustana Service Book & Hymnal, p.227-230), continues with the Service of the Word and the reception of Christ's body and blood for the forgiveness of sins in the Service of Holy Communion.

Assistants

Elder – Dan Byrne (922-3556) Organist – Claire Stretch

Altar Guild – LeeAnn Byrne Church Cleaning –March 9 Baker, March 16/23 Weber

The Lord's Supper

Trinity Lutheran Church observes the Scriptural practice (Eph 4:3, 2 John 1:10-11) of communing only with those for whom their public profession of faith (congregational

membership) is in agreement with God's Word and the correct exposition of Holy Scripture as found in the Book of Concord (1580). All who desire to receive Christ's Body and Blood for the forgiveness of sins are asked to speak with Pastor Henson before coming forward to commune.

Trinity Lutheran Church is served by pastors who are members of the Evangelical Lutheran Diocese of North America(Eldona.org). --Those who are members of Eldona-affiliated congregations are welcome to commune after announcing to Pastor Henson. --Those who are not members of Eldona-affiliated congregations will need to set up an appointment with Pastor Henson to discuss their public church membership.

The Lord's Supper is celebrated at Trinity Lutheran Church in the confession and glad confidence that, as He says, our Lord gives into our mouths not only bread and wine but His very body and blood to eat and to drink for the forgiveness of sins and to strengthen our union with Him and with one another. Our Lord invites to His table those who trust His words, repent of all sin, and set aside any refusal to forgive and love as He forgives and loves us, that they may show forth his death until He comes.

Those who are not yet invited to receive the Sacrament are encouraged to meditate on God's Word in the distribution hymns and pray for the day when our divisions will have ceased.

Weekly Calendar

- FRIDAY -Game Night, 5:30 PM
SATURDAY -Private Confession & Absolution, 8 – 8:30 PM
Daylight Savings Time
NEXT --INVOCABIT ("He shall call upon me...")
SUNDAY --Children and Adult Bible Studies, 9 AM
--Divine Service-Lord's Supper, 10:15 AM

The Confessional Service (ASBH)

- + Invocation, Versicles..... p.227
+ Psalm 42 p.227-228
+ Exhortation #2..... p.229
+ Confession/Absolution p.230

The Divine Service (ASBH)

- + Introit..... (insert)
[Pastor, then congregation]
+ Kyrie... p.10
Gloria in Excelsis is omitted in Lent
+ Salutation..... p.13
+ Collect of the Day... (insert)
Old Testament Reading
Epistle
+ Gradual..... (insert)
+ Holy Gospel..... p.16
Nicene Creed..... p.17
ASBH #19 "When o'er My Sins I Sorrow"
Sermon
+ Offertory: "Create in Me..." p.18
The Offerings are gathered.
+ Prayer..... (back)
Hymn..... #250

Lutheran Worship Hymnal

- + Preface, etc. p.144-151
Communion Psalm (by cantor)
Distribution & Hymns
#232, #357, #98
+ "Lord, now you let ..." p.152
+ Post-Communion Collects p.153
+ Benedicamus/Benediction.... p.154-5

A Day Of Humiliation And Prayer

O ETERNAL AND MERCIFUL GOD, the Father of our Lord Jesus Christ, we acknowledge and confess before Thee our manifold and great offenses. We have experienced Thy goodness, but have not been led to repentance. We have seen Thy judgments abroad in the earth, but have not learned righteousness. Above all, we have neglected the means of grace and set at naught Thy tender mercies in Christ Jesus. But Thou art a merciful God, full of compassion, long-suffering, and of great pity, who hast no pleasure in the death of sinners, but hadst rather that they turn from their sins and be saved. Be gracious unto us, therefore, even as Thou art wont. Spare us, O Lord, though for our evil deeds we do worthily deserve to be punished. In the midst of judgments still remember mercy. For Thy dear Son's sake, forgive us all our past sins, and grant that we may hereafter serve and please Thee in newness of life, to the honor and glory of Thy name.

Be Thou our Refuge and Strength, a very present Help in trouble.

Protect Thy Church, the vineyard which Thou hast planted among us, and water it abundantly with the rivers of living water. Give grace to all the ministers of Thy Gospel, that they may both by their doctrine and life set forth Thy true and lively Word, and grant that Thy little flock may dwell in peace and safety everywhere.

Preserve us from plague and pestilence, from war and bloodshed, from fire and flood, from failure of harvest and from famine, from lightning and tempest, and from all other calamities.

We entreat Thee also for all those who are in authority over us; counsel them by Thy wisdom, and strengthen their hands, that they may so wait on their office as to promote Thy glory and the common good. And grant grace to all Thy people, that we may submit ourselves to every ordinance of man for Thy sake, and

be subject to the higher powers, reverencing them and upholding them in all their lawful endeavors to maintain justice and righteousness among men.

Teach us to live, day by day, in humble dependence on Thy promises, in cheerful obedience to Thy laws, and in a sure and certain hope of a blessed immortality.

Fill our hearts with a due sense of Thy unspeakable love in the redemption of our souls, that we may with filial confidence call upon Thee in the day of trouble and, among all the changes of this mortal life, ever be defended by Thy most gracious and ready help.

Have mercy upon us, O Lord, in our every need. Save Thy people and bless Thine inheritance, that Thy glory may dwell in our land.

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto Thee, and dost promise, where two or three are gathered together in Thy name, Thou wilt grant their requests, fulfill now, O Lord, the desires and petitions of Thy servants as may be most expedient for us, granting us in this world knowledge of Thy truth and in the world to come life everlasting; for the sake of the redemption and intercession of Jesus Christ, Thy Son, our Lord, who, with Thee and the Holy Ghost, liveth and reigneth in equal majesty and glory, true God and man, blessed forever.
(The Lutheran Hymnal, Altar Book, p.366-368)

Collect for Beginning of Lent

O Gracious God, Who retainest not Thine anger forever, but delightest in mercy and pardonest iniquity, Who wouldst be gracious to Thy people rather than pour out Thy wrath upon sinners, we beseech Thee, forgive us all our sins, and enable us by Thy Holy Spirit to go and sin no more; for the sake of the bitter sufferings and death of Thy beloved Son Jesus Christ, our Lord, Who liveth and reigneth with Thee and the Holy Ghost, ever one God, world without end. Amen.

Ash Wednesday



Ottheinrich Bible 1430 (III:58a)
Jesus Prays on the Mount of Olives Luke 22:39-46

Trinity Lutheran Church

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*Pr. Henson and Dcn. Harroun are members of the
Evangelical Lutheran Diocese of North America (Eldona.org)*

Jonah 3:1-10

1 Now the word of the Lord came to Jonah the second time, saying, 2 “Arise, go to Nineveh, that great city, and preach to it the message that I tell you.” 3 So Jonah arose and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly great city, a three-day journey in extent. 4 And Jonah began to enter the city on the first day’s walk. Then he cried out and said, “Yet forty days, and Nineveh shall be overthrown!” 5 So the people of Nineveh believed God, proclaimed a fast, and put on sackcloth, from the greatest to the least of them. 6 Then word came to the king of Nineveh; and he arose from his throne and laid aside his robe, covered himself with sackcloth and sat in ashes. 7 And he caused it to be proclaimed and published throughout Nineveh by the decree of the king and his nobles, saying, Let neither man nor beast, herd nor flock, taste anything; do not let them eat, or drink water. 8 But let man and beast be covered with sackcloth, and cry mightily to God; yes, let every one turn from his evil way and from the violence that is in his hands. 9 Who can tell if God will turn and relent, and turn away from His fierce anger, so that we may not perish? 10 Then God saw their works, that they turned from their evil way; and God relented from the disaster that He had said He would bring upon them, and He did not do it.

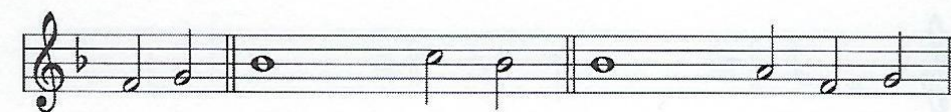
Isaiah 59:12-21**Joel 2:12-19**

¹² “Now, therefore,” says the LORD, “Turn to Me with all your heart, With fasting, with weeping, and with mourning.” ¹³ So rend your heart, and not your garments; Return to the LORD your God, For He *is* gracious and merciful, Slow to anger, and of great

kindness; And He relents from doing harm. ¹⁴ Who knows *if* He will turn and relent, And leave a blessing behind Him—A grain offering and a drink offering For the LORD your God? ¹⁵ Blow the trumpet in Zion, Consecrate a fast, Call a sacred assembly; ¹⁶ Gather the people, Sanctify the congregation, Assemble the elders, Gather the children and nursing babes; Let the bridegroom go out from his chamber, And the bride from her dressing room. ¹⁷ Let the priests, who minister to the LORD, Weep between the porch and the altar; Let them say, “Spare Your people, O LORD, And do not give Your heritage to reproach, That the nations should rule over them. Why should they say among the peoples, ‘Where *is* their God?’ ” ¹⁸ Then the LORD will be zealous for His land, And pity His people. ¹⁹ The LORD will answer and say to His people, “Behold, I will send you grain and new wine and oil, And you will be satisfied by them; I will no longer make you a reproach among the nations.

St. Matthew 6:16-21

¹⁶ “Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. ¹⁷ “But you, when you fast, anoint your head and wash your face, ¹⁸ “so that you do not appear to men to be fasting, but to your Father who *is* in the secret *place*; and your Father who sees in secret will reward you openly. ¹⁹ “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; ²⁰ “but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. ²¹ “For where your treasure is, there your heart will be also.

**Introit.**

Ant. I WILL || cry unto God Most | High | - :
unto God that performeth all | things | for | me.
|| Yea, in the shadow of Thy wings will I make my | re- | fuge:
until these calamities be | o- | ver- | past.
Psalm. || Be merciful unto me, O God, be merciful unto | me | - :
for my soul trust- | eth | in | Thee.
GLO-RY || be to the Father and to the | Son | - :
and to the | Ho- | ly | Ghost.
AS IT || was in the beginning, is now, and ever | shall | be:
world without | end. | A- | men. (*Ant. Repeated.*)

Collect.

Almighty and Everlasting God, Who hatest nothing that Thou hast made, and dost forgive the sins of all those who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins, and acknowledging our wretchedness, may obtain of Thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ, Thy Son, our Lord, Who liveth and reigneth with Thee and the Holy Ghost, ever One God, world without end. *Amen.*

Epistle. Joel 2:12–19**Gospel. Matthew 6:16–21**

Additional reading: Jonah 3:1–10; Isaiah 59:12–21

Gradual.

|| Be merciful unto me, O God, be merciful unto | me | - :
for my soul trust- | eth | in | Thee.
|| He shall send from | heav- | en:
and save me from the reproach of him that would swal- | low | me | up.
Tract. || O Lord, deal not with us after our sins; nor reward us according to our
i- | niqui- | ties:
help us, O God of our salvation; for the glory | of | Thy | Name.

Communion Psalm: *Ant.* He who meditates on the law of the Lord day and night, will bring forth fruit in due season. (Ps 1:1-3). **Psalm 1.**

Ash Wednesday

19. When O'er My Sins I Sorrow

Dr. J. Gesenius, 1646

C. Winkworth, Tr. a

7, 6, 7, 6, 8, 7, 6

Herr Christ, der einig Gott's Sohn

J. Walther, 1524

1. When o'er my sins I sor - row, Lord, I will
 2. O what a marv'l - ous off'r - ing! Be - hold! the
 3. My man - i - fold trans - gres - sion Hence - forth can

look to Thee, And hence my com - fort bor - row,
 Mas - ter spares His ser - vants, and their suffr - ing
 harm me none, Since Je - sus' blood - y pas - sion

That Thou wast slain for me. Yea, Lord, Thy pre - cious
 And grief for them He bears. God stoop - eth from His
 For me God's grace hath won; His prec - ious blood my

blood was spilt For me, O most un -
 throne on high, For me, His guil - ty
 debts hath paid; Of hell and all its

worth - y, To take a - way my guilt.
 crea - ture, He deigns as man to die.
 tor - ments I am no more a - fraid. A - men.

4. Therefore, I will forever
 Give glory unto Thee,
 O Jesus, loving Savior,
 For what Thou didst for me.
 I'll spend my breath
 in songs of thanks
 For Thy sad cry, Thy suff'rings,
 Thy wrongs, Thy guiltless death.

5. Lord, let Thy woes, Thy patience,
 My heart with strength inspire
 To vanquish all temptations,
 And spurn all base desire;
 This thought I fain
 would cherish most—
 What pain my soul's redemption
 Hath Thee, O Savior cost!

6. Whate'er may be the burden,
 The cross here on me laid;
 Be shame or want my guerdon,
 I'll bear it with Thine aid;
 Give patience, give
 me strength to take
 Thee for my bright example,
 And all the world forsake.

7. And let me do to others
 As Thou hast done to me:
 Love all men as my brothers,
 And serve them willingly,
 With ready heart,
 nor seek my own,
 But as Thou, Lord, hast helped us,
 From purest love alone.